



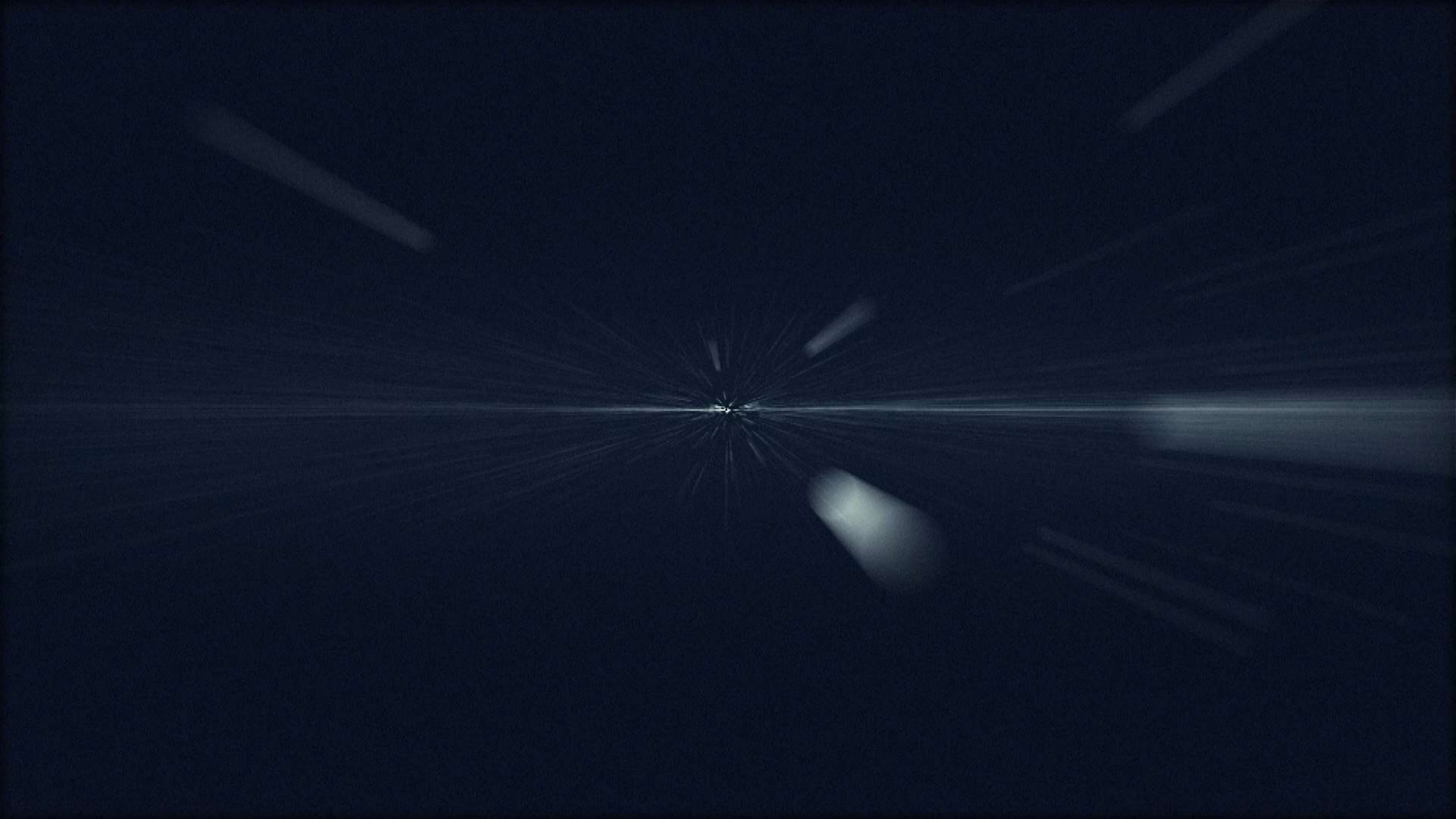
SIDDHA COSMIC

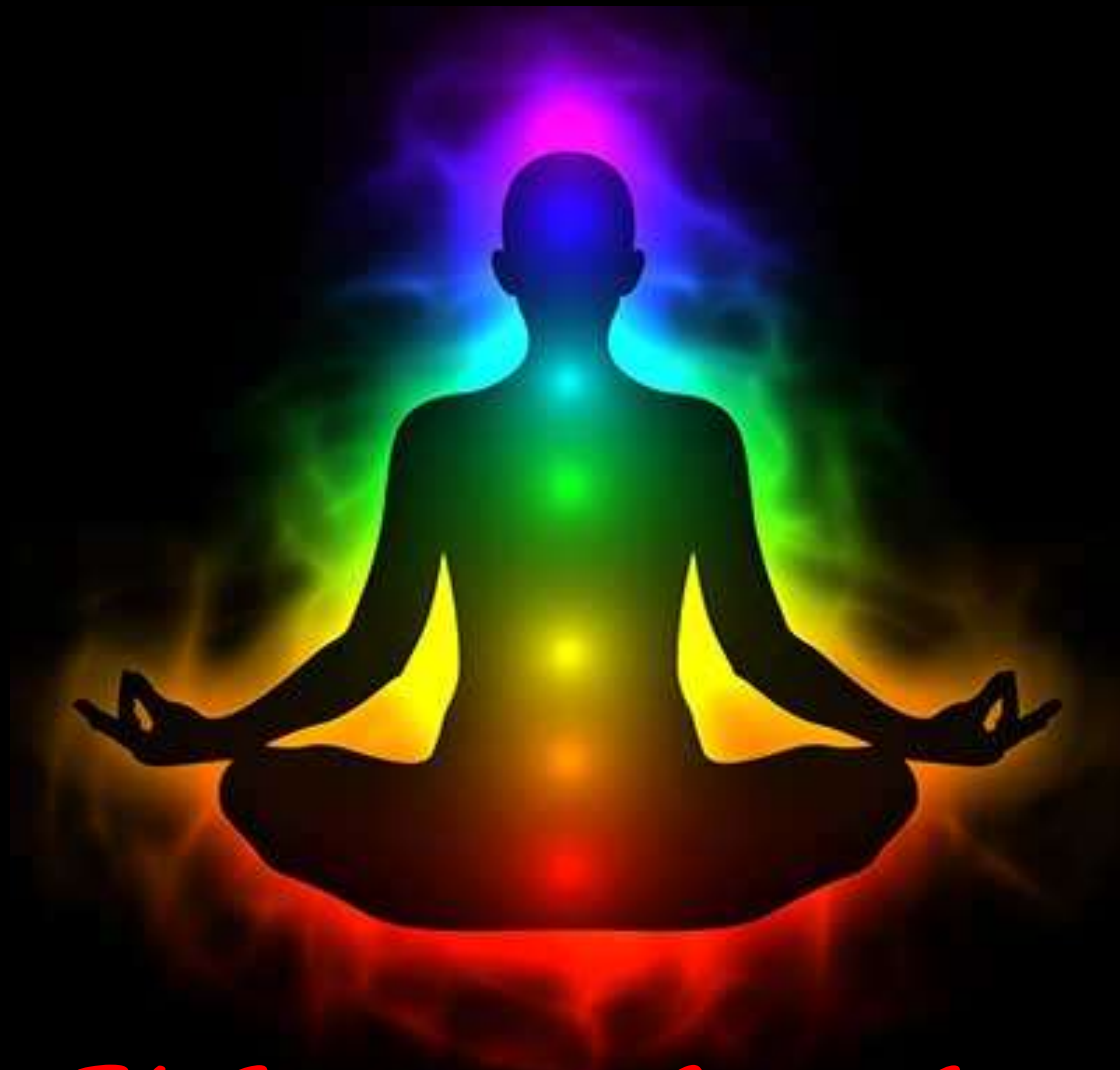
ENLIGHTENMENT INTERNATIONAL

Universal Energy Solutions



MANIFESTING HIGHER
CONSCIOUSNESS IN TO **3D**





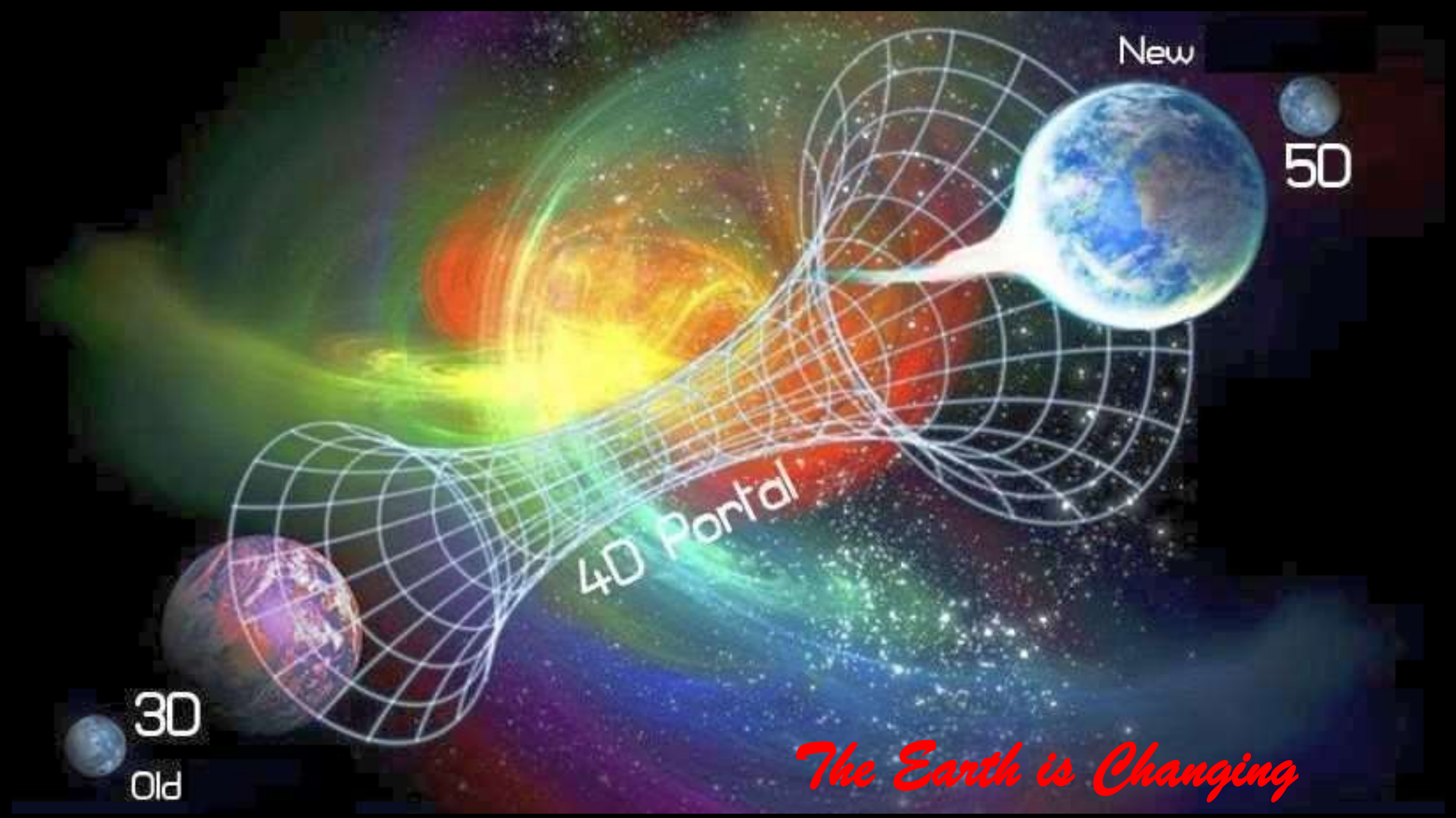
The Universe is Calling You



It's 'all mind', just simply 'mind it'



Embrace It



The Earth is Changing



Experience it

www.siddhacosmic.org
info@siddhacosmic.org



SIDDHA COSMIC
ENLIGHTENMENT INTERNATIONAL



SIDDHA COSMIC
ENLIGHTENMENT INTERNATIONAL

PROJECTS



Project **INDIVIDUAL**

Awakening of Consciousness

Raising Vibrations, Happiness & Love

Body, Mind & Soul Development

Health Revival & Enhancement Confidence

Self Esteem & Enhanced Memory

Positive Personality Development

Personal Goal Manifestation

Law of attraction

Family Unity & Harmony



Project CORPORATE

Organizational Enhancement

Business Manifestation

Business Advisory

Financial Enrichment & Harmony

Corporate Theme Development & Harmony

Positive Vibrations & Manpower Empowerment



Project NATIONAL

Reshaping of Nations & National Harmony

Raising Nations Regionally

Redefining Strategies & Policies

Raising of Happiness Index

Citizen Happiness, Love & Health Goals

Awakening of National Consciousness

Leadership/ Political Goal Manifestation

Advisory to the Leadership



NATIONAL MISSION FOR COUNTRIES

Focuses on identifying, advising & helping rulers by infusing Higher Dimensional Universal Energies which will elevate individuals / populations who are contributing to the entire success and harmonies of the countries.





SIDDHA COSMIC
ENLIGHTENMENT INTERNATIONAL

LIST OF PROGRAMS WHICH WILL HAVE AN IMPACT

- Reshaping of Nation & National Harmony
- Raising Nations Regionally
- Redefining Strategies & Policies
- Citizen Happiness,
- Love & Health Goals
- Awakening of National Consciousness / Leadership /
- Political Goal Manifestation
- Advisory to the Leadership





Project GLOBAL

Global Harmony

Awakening of Global Consciousness

Serve & Save Nature

Advisory to Leadership & Organizations

Enhancing World Peace and Harmony

World Peace Envoy

Brotherly relationship between countries

Human Development

Women & Child Empowerment

Cosmic Tree





SIDDHA COSMIC

ENLIGHTENMENT INTERNATIONAL

Universal Energy Solutions





































A Guest International Speaker from Malaysia

SIDDHA COSMIC MEDITATION
"Meditate and empower yourself"

Malaysia World Chamber of Commerce and Industry
Department of Social Work
Jai Bharath College
Arakkapalayam, Perumthurai

Venue: PG SEMINAR HALL
Time: 11.00 AM TO 12.30 PM
Date: 21.05.2018

Contact: Malaysia +66123375786 India









COMMENCEMENT OF CHILD EMPOWERMENT PROGRAM IN KUALA LUMPUR, MALAYSIA







مركز إبراهيم خليل كانو الصحي والإجتماعي
EBRAHIM K. KANOO COMMUNITY MEDICAL CENTRE

وحدة التأهيل
REHABILITATION UNIT



Dr. Palakkal Nagaraj

has given his/her valuable contribution by participating as a **Guest Speaker** in the Month-Long Online Yoga Training Programme under the theme, "TRAIN THE BRAIN" (Focusing on Mental Health), organised by Global Yog Alliance and supported by Ministry of AYUSH; Fit India Movement, Ministry of Youth Affairs & Sports, Govt. of India and other 42 Organisations, in commemoration of International Day of Yoga, 2021 from 21st May, 2021 to 21st June, 2021.

(Signature)

(DR. GOPAL JI)
President
Global Yog Alliance



(Signature)

(AMAN MAKKAR)
Joint Secretary & Coordinator
Global Yog Alliance



"Fitness Ki Dose Aadha Ghanta Roz"





CERTIFICATE

OF APPRECIATION

THIS IS TO CERTIFY THAT

Dr. Palakkal Nagaraj

has given his/her valuable contribution by participating as a Guest Speaker/Delegate/Organiser/Volunteer, in the National Webinar on the theme, "Save Your Heart", organized by NISHTHA in association with Global Yog Alliance, International Chamber of Media & Entertainment Industry (ICMEI), World Peace Development & Research Foundation & Sadhana Niketan Yogashram, on the occasion of World Heart Day, on 29th September, 2020.

(ANJULY GUPTA)
General Secretary
Global Yog Alliance

(AMAN MAKKAR)
General Secretary
Nishtha

(DR. SANDEEP MARWAH)
President
ICMEI

(DR. GOPAL JI)
Director
Sadhana Niketan Yogashram

Kingdom of Bahrain
Ministry of Health
Ibrahim Khalil Kanoo CMC

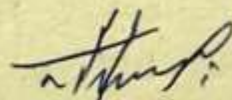


مملكة البحرين
وزارة الصحة
مركز ابراهيم خليل كانو الصحي
والاجتماعي

Certificate of appreciation

This certificate is awarded for

DR. PALAKKAL NAGARAJ
SIDDHA COSMIC ENTERTAINMENT INTRERNATIONAL
For participating in the national sport day which was held in Ebrahim Khalil Kanoo Com-
munity and medical center on 13th February 2018


Mr. Hussain Marzooq
Head Nursing EKKCMC

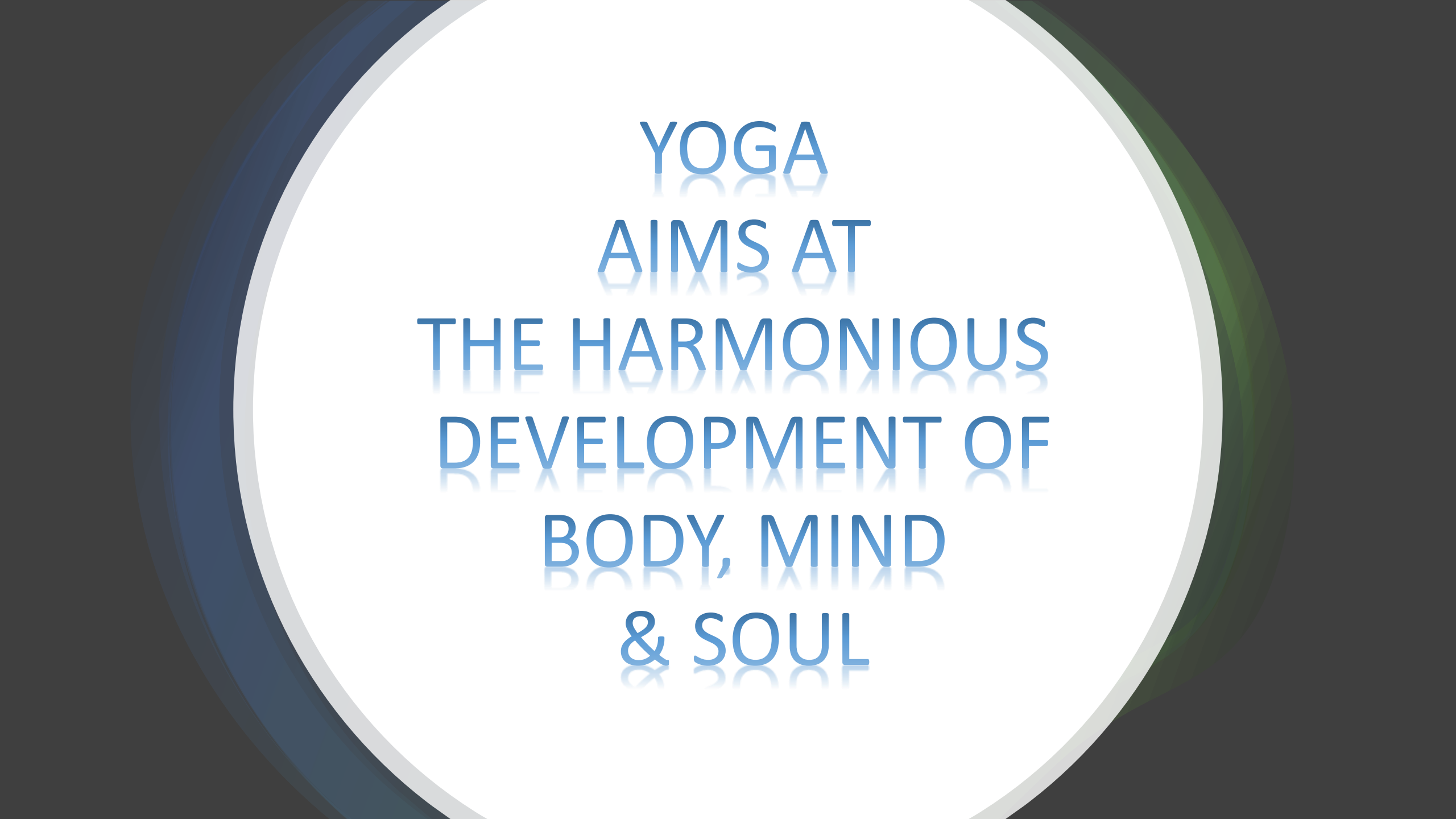
Hussain Ali Marzooq
Head Nursing
Ebrahim Khalil Kanoo CMC



YOGA



SIDDHA COSMIC
ENLIGHTENMENT INTERNATIONAL
Universal Energy Solutions



YOGA
AIMS AT
THE HARMONIOUS
DEVELOPMENT OF
BODY, MIND
& SOUL

Some of the benefit of Yoga and Meditation

Confidence and Self Esteem

Communication Enhancement

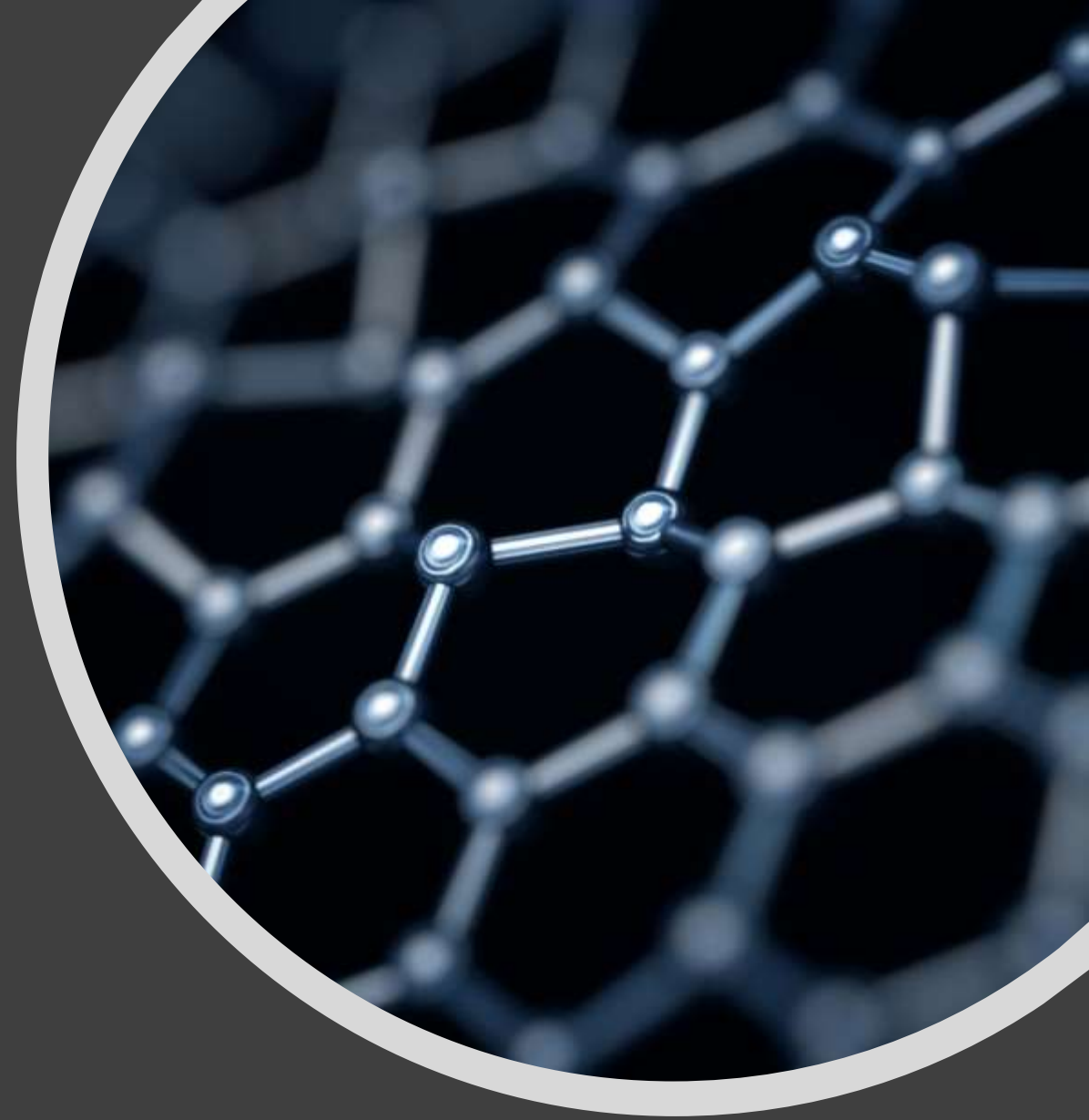
Hormonal Balancing

Soul Realization

Stress and Pain Reduction

Improvement in Memory/Brain and Mind Power

Positive Personality Development



Prime Minister of India : Sri. Narendra Modi

- Yoga is an invaluable gift of ancient Indian tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment, harmony between man and nature and a holistic approach to health and well-being. Yoga is not about exercise but to discover the sense of oneness with ourselves, the world and Nature. By changing our lifestyle and creating consciousness, it can help us to deal with climate change. Let's work towards adopting an International Yoga Day
- Yoga helps us to keep our health in excellent condition eliminating many modern diseases and it leads to a healthy and happy life. It helps us to become a cultured and admirable human being and help us to acquire vast knowledge in life. It sharpens our mind. It's not only a physical exercise; it's just the way how we lead our life.





YOGIC MEDITATION



SIDDHA COSMIC
ENLIGHTENMENT INTERNATIONAL
Universal Energy Solutions



COMPOSITION OF INTERNAL & EXTERNAL ENERGIES OF GOD



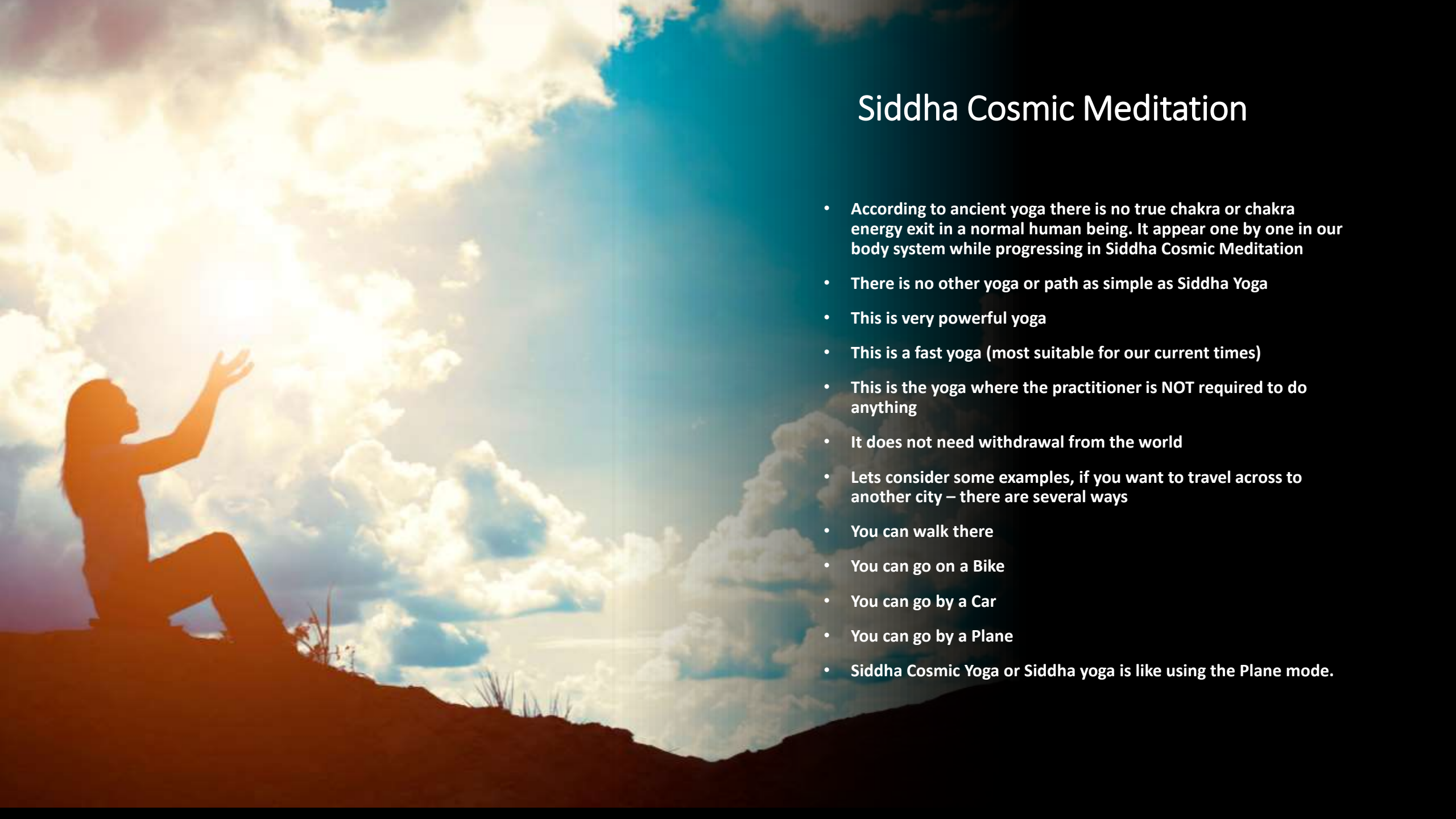
Yogic Meditation by Sidhha Method

- We are a composition of the external and internal energies of god. The gross external energy is the gross material body and the subtle external energy – is the mind, ego and intelligence. Behind both energies is the soul, the internal energy. Siddha Yoga is a system to control the mind by using our material body. It is like controlling the infuriate horses of a carrot. When one become deeper in sensual, they loses their identity and forget self.
- One of the most beneficial aspect of yogic meditation is it reduces stress and improve emotional well being. It helps us to manage and diminish stress. It dilute unhealthy and aggressive actions by increasing self-awareness and balanced thought process.



Body, Mind & Soul Meditation

- **Meditation means connecting link between the soul and supreme.**
- **There are many types of Siddha Yogic Meditation. Siddha Yoga means the system, Siddha Yogi Means who practices the system. The object of Siddha Yoga is ultimate goal and that is achieved first by purifying the body, then purifying the mind and finally purifying the soul. It is not important if one is religious or not, but a religious person get benefited from the siddha yoga practice faster and the experiencing their supreme god become easier.**
- **Everyone is trying for self-realization. But we do not know. We are trying to be happy with our available material conditions, some time we become frustrated and confused and we forced to make adjustments in material life. Those who do adjustment in material life can't reach their aim easily.**



Siddha Cosmic Meditation

- According to ancient yoga there is no true chakra or chakra energy exit in a normal human being. It appear one by one in our body system while progressing in Siddha Cosmic Meditation
- There is no other yoga or path as simple as Siddha Yoga
- This is very powerful yoga
- This is a fast yoga (most suitable for our current times)
- This is the yoga where the practitioner is NOT required to do anything
- It does not need withdrawal from the world
- Lets consider some examples, if you want to travel across to another city – there are several ways
- You can walk there
- You can go on a Bike
- You can go by a Car
- You can go by a Plane
- Siddha Cosmic Yoga or Siddha yoga is like using the Plane mode.

While practicing Siddha yoga it directs energy around the spine, it gradually neutralizes the eddies of Chitta. It also strengthens the nerves in the spine and brain to receive cosmic currents of energy and consciousness, is called cosmic power. Hence Siddha yoga or yoga of divine awareness is considered the supreme yoga science.

It is also observed that during the practice of Siddha Cosmic Meditation the one who practices automatically gives up bad habits and addictions over period of time. Their eating and sleeping habit also improves. Cure of diseases is not the goal but the byproduct of siddha yoga.



Planet Meditation

- Planet Meditation is a kind of meditation connecting our self with the Solar & Associated Planets within the Solar System.




Environmental Meditation

- Unlike other environmental meditation which is scripted in most of the internet media, the true environmental
- meditation has great importance in our life and our nature. It's all about maintaining and protecting the environment through the media of meditation.

MISSION



SIDDHA COSMIC
ENLIGHTENMENT INTERNATIONAL
Universal Energy Solutions



LOVE IS
THE FOUNDATION
OF ALL KIND OF YOGA
AND MEDITATION
FOR SELF AND
EVERY ONE



Human Development

- In the beginning of Yoga journey it is more about physical abilities how flexible or strong that we become through the practices of asana.
- After a period of time our focus shifts more towards deeper understanding and awareness of our subtle energy system and it's a process of yogic meditation.
- From the physical body system, we move internally to an awakening state of our subtle energy and body system and start experiencing oneness, the ultimate cosmic universe.



World Peace & Harmony

- Love is the foundation of all yoga and meditation. Love for self. Love to our fellow human beings, love for all of creations, love towards nature, love for divinity and finally worshipping the creation is the true yoga. Healing of Brain Power for Personal and Physical body, in this process one uses the power of their sub conscious mind, let's look not just the material realm, lets zoom in to eternal and inspirational. Let's say good bye to fear.
- An realized yogic soul who lives in oneness, their thought and action are selfless as they truly see creator in all living being, then there is no difference of cast, creed or color and it is the beginning of flow of harmony in living being, in society and the world.



Organizational Enhancement

- The method of Siddha Cosmic Meditation shall make the person very confident, calm, relax, happier & healthy even in their personal and family life. A healthy, confident, relaxed and happy employee with their freshness can work and will be result oriented up to 11 times more than a normal human being.



Soul Realization

- Inner experience, connectivity with supreme, wisdom, love to the self and supreme and experience of oneness is the true soul realization.



Women Empowerment

- A woman is the best gift of God on the Planet earth as well as to a man. A woman is always with an ocean of love and she is the true mother. She brings prosperity, fortune to family. Without her there is no existence of human being.
- Women get enhanced with power yoga and meditation to balance the nurturing and calming nature of the home and sustain the family, community and society. Women must be encouraged to cultivate the flow of grace, love and devotion in order to sustain the feminine principle of the universe. Women have greater healing power within them more than a man, in her motherly form a child always experiences the same.
- Will power is the most important power for empowering a woman and yoga & meditation plays an important role in the same. For achieving greater success in life and to embrace the supreme power, Yoga and Meditation helps women to maintain their will power.



MALAYSIA WORLD CHAMBER OF COMMERCE

WOMEN EMPOWERMENT

OUR FIRST STEP OF WOMEN
EMPOWERMENT MOVEMENT
TOOK OFF ON 27TH JULY 2018
AT KUALA LUMPUR,
MALAYSIA, INAUGURATED BY
PRIME MINISTER OF
MALAYSIA AND FIRST LADY
TUN SITI HASMAH. SHE WAS
AWARDED MOTHER OF
NATION AWARD RIGHT IN THE
HEART OF MALAYSIA

MALAYSIA WORLD CHAMBER OF COMMERCE

*Welcomes
You*



MALAYSIA WORLD CHAMBER OF COMMERCE

WWW.MYWORLDCHAMBER.COM

WOMEN
EMPOWERMENT

*Inauguration
Ceremony*



EMPOWERING MALAYSIAN
WOMEN TO THE WORLD

Matrix Parking

GLOBAL PROGRAMS



SIDDHA COSMIC
ENLIGHTENMENT INTERNATIONAL
Universal Energy Solutions

**Take charge of
your life and do not be bogged down by fears
and phobias
Spread and share positivity.
Encourage goodness in society**

GET INVOLVED

SPONSOR AN EVENT

We invite Establishments/ Organizations to sponsor or host our events/program which is charted out, aiming welfare of individuals, society and the nature. Few of Women Empowerment, Environmental Meditation, Serve & Save Nature are part of these programs. Some of the events are organized on an international platform across the globe with participants from different countries. There are also many research programs such as global warming & drought issues, child care & education, world peace & harmony etc. Most of all, you will be a partner in a centrally important enterprise – understanding how to use science and innovation to create global prosperity.

ORGANISE AN EVENT AT YOUR PLACE

You are invited to enroll our very important mission involvement— providing us, essential “people power” to organize and implement these actions. It represents a unique and important opportunity to of people to serve the society and the mankind. Participants are vital to accomplish our mission by their contributions of time and expertise to team projects and are our most important and valued resource. We hope you’ll consider joining us in this effort!

SUPPORT NOW

Your support to Siddha Cosmic facility and its selfless service across the World on World Peace & Harmony, Serve & Save Nature, Soul Realization/Human Development, Women Empowerment & Child Empowerment. It also includes free mass meditation program, women & child empowerment. A donation /gift to Siddha Cosmic is a gift to our mission: to empower people and communities to realize their full potential through the transformative wisdom and practice of meditation & yoga.



ENROLL SIDDHA COSMIC COURSE PROGRAM

- **Siddha Cosmic Meditation** **1 Day Program**
- **Body, Mind & Soul Meditation** **1 Day Program**
- **Planet Meditation** **1 Day Plus**
- **Environmental Meditation** **1 Day Plus**
- **Yogic Meditation** **5 Session in 1 year and Half**
- **Group Meditation** **TBN**



SIDDHA COSMIC

ENLIGHTENMENT INTERNATIONAL

Universal Energy Solutions

We would love to hear from you with your queries

Contact Us

Siddha Cosmic Enlightenment International
Suite 1909, East Tower, World Trade Centre.
Manama, **Kingdom of Bahrain**

Email
web

info@siddhacosmic.org
www.siddhacosmic.org